

## Improved Chronic Disease Management - Heart Disease Discussion

### Instructions (30 minutes):

1. **20 minutes:**

a. **DISCUSSION QUESTIONS:** Using the materials attached pick one or two of the measures and go through these questions:

i. What have you found to be the most effective strategies to achieve these performance measures?

ii. What challenges have you encountered in working to achieve these performance measures?

iii. Are there any opportunities to collaborate with other providers serving the same patients to achieve common performance measures?

2. **10 minutes:** Volunteers from groups will report key thoughts or questions to larger group.

- **Materials:**

- Discussion Questions

- List of Measures in the Bundle and Which DSRIP providers have those measures

- List of activities providers are implementing to achieve their measures (not all inclusive)

- **Note Taker:** Record thoughts and comments on post it paper:

- Identify the measure(s) discussed

- Key notes

- Questions

- Unique Ideas

- **Introductions (very quick):** Name, Organization, Your Role, Overall approach to achieving measure selected (in two sentences or less)

## A2: Improved Chronic Disease Management: Heart Disease

Measure ID	Measure Name	Providers
A2-103	Controlling High Blood Pressure	Presbyterian Hospital Of Dallas Texas Health Presbyterian Hospital Denton Presbyterian Texas Health Presbyterian Hospital Kaufman UT Southwestern Medical Center at Dallas Parkland Health Baylor University Medical Center Harris Methodist Fort Worth Hospital Harris Methodist Southwest Hospital Texas Health Harris Methodist Hospital Stephenville JPS Health Network Harris Methodist Northwest Hospital Texas Health Arlington Memorial Hospital Texas Health Harris Methodist Hospital Cleburne Texas Health Harris Methodist HEB UNTHSC at Fort Worth Texas Health Huguley INC dba Huguley Memorial Me Texas Health Harris Methodist Hospital Alliance
A2-210	Preventive Care and Screening: Screening for High Blood Pressure and Follow-Up Documented	Presbyterian Hospital Of Dallas Texas Health Presbyterian Hospital Denton Presbyterian Texas Health Presbyterian Hospital Kaufman UT Southwestern Medical Center at Dallas Parkland Health Baylor University Medical Center Harris Methodist Fort Worth Hospital Harris Methodist Southwest Hospital Texas Health Harris Methodist Hospital Stephenville JPS Health Network Harris Methodist Northwest Hospital Texas Health Arlington Memorial Hospital Texas Health Harris Methodist Hospital Cleburne Texas Health Harris Methodist HEB UNTHSC at Fort Worth Texas Health Huguley INC dba Huguley Memorial Me Texas Health Harris Methodist Hospital Alliance
A2-404	Statin Therapy for the Prevention and Treatment of Cardiovascular Disease	Presbyterian Hospital Of Dallas

Measure ID	Measure Name	Providers
		Texas Health Presbyterian Hospital Denton Presbyterian Texas Health Presbyterian Hospital Kaufman UT Southwestern Medical Center at Dallas Parkland Health Baylor University Medical Center Harris Methodist Fort Worth Hospital Harris Methodist Southwest Hospital Texas Health Harris Methodist Hospital Stephenville JPS Health Network Harris Methodist Northwest Hospital Texas Health Arlington Memorial Hospital Texas Health Harris Methodist Hospital Cleburne Texas Health Harris Methodist HEB UNTHSC at Fort Worth Texas Health Huguley INC dba Huguley Memorial Me Texas Health Harris Methodist Hospital Alliance
A2-501	PQI 08 Heart Failure Admission Rate (Adult)	Presbyterian Hospital Of Dallas Texas Health Presbyterian Hospital Denton Presbyterian Texas Health Presbyterian Hospital Kaufman UT Southwestern Medical Center at Dallas Parkland Health Baylor University Medical Center Harris Methodist Fort Worth Hospital Harris Methodist Southwest Hospital Texas Health Harris Methodist Hospital Stephenville JPS Health Network Harris Methodist Northwest Hospital Texas Health Arlington Memorial Hospital Texas Health Harris Methodist Hospital Cleburne Texas Health Harris Methodist HEB Texas Health Huguley INC dba Huguley Memorial Me Texas Health Harris Methodist Hospital Alliance
A2-509	Reduce Rate of Emergency Department visits for CHF, Angina, and Hypertension	Presbyterian Hospital Of Dallas Texas Health Presbyterian Hospital Denton Presbyterian Texas Health Presbyterian Hospital Kaufman UT Southwestern Medical Center at Dallas Parkland Health Baylor University Medical Center

Measure ID	Measure Name	Providers
		<p>Harris Methodist Fort Worth Hospital  Harris Methodist Southwest Hospital  Texas Health Harris Methodist Hospital Stephenville  JPS Health Network  Harris Methodist Northwest Hospital  Texas Health Arlington Memorial Hospital  Texas Health Harris Methodist Hospital Cleburne  Texas Health Harris Methodist HEB  Texas Health Huguley INC dba Huguley Memorial Me  Texas Health Harris Methodist Hospital Alliance</p>

**RHP 9, 10, & 18 Activities Providers are Implementing to Achieve Heart Disease Measures**

Common Themes	Activity	Provider
Utilization of care teams that are tailored to the patient’s health care needs, including non-physician health professionals, such as pharmacists doing medication management; case managers providing care outside of the clinic setting via phone, email, and home visits; etc.	<p>In DY2-6 we focused on creating the services and infrastructure for a PCMH, now, through its establishment and success, we will focus on prevention as well as the high need populations of Diabetes through providing integrated, coordinated and structured PCMH care model.</p> <p>UNTHSC aims to utilize multidisciplinary teams to improve patient care across the system. Clinical pharmacists will perform medication therapy management services for UNTHSC patients. Additionally, UNTHSC is implementing a health coaching program. The health coaching team will help patients address social determinants of health. Primary care training programs will enhance chronic care management and better integrate health coaching and clinical pharmacist services with primary care.</p>	<p>Baylor Medical Center Irving</p> <p>UNTHSC</p>
Provision of coordinated services for patients under Patient Centered Medical Home (PCMH) model, which incorporates empanelment of patients to physicians, and management or chronic conditions and preventive care	<p>White Rock has partnered with Mission East Dallas, a local FQHC that is a certified PCMH to improve access to primary care services available to LIU in the East Dallas, Mesquite and Garland communities.</p> <p>124 Providers will be committed to the interventions and 33 primary care locations will be impacted and covered under Core Activity- Patient Centered Medical Home.</p>	<p>Tenet Hosp Ltd dba Doctors Hosp at White Rock</p> <p>Cook-Fort Worth Children's Medical Center</p>

Common Themes	Activity	Provider
Utilization of care management and/or chronic care management services, including education in chronic disease self-management	<p>Patient education and self-management are essential tools for patients to be successful in the management of their chronic health conditions. Our patient population often has limited understanding of what they can do to help manage their chronic health conditions.</p> <p>Provider refers HELP patients to the evidence-based Stanford Chronic Disease Self-Management Program. HELP program also includes disease specific education at each visit through cohort visits.</p>	<p>JPS Health Network</p> <p>Texas Health Hospitals</p>
Implementation of evidence-based strategies to empower patients to make lifestyle changes to stay healthy and self-manage their chronic conditions	Disease management emphasizes prevention of disease-related exacerbations and complications using evidence-based guidelines and patient empowerment tools. It can help manage and improve the health status of a defined patient population over the entire course of a disease.	Parkland Health