



## Behavioral Health Measures Questions - CMHC

### Instructions (30 minutes):

#### 1. 20 minutes:

- a. **DISCUSSION QUESTIONS:** Using the materials attached pick one or two of the measures and go through these questions:
  - i. What have you found to be the most effective strategies to achieve these performance measures?
  - ii. What challenges have you encountered in working to achieve these performance measures?
  - iii. Are there any opportunities to collaborate with other providers serving the same patients to achieve common performance measures?

#### 2. 10 minutes: Volunteers from groups will report key thoughts or questions to larger group.

- **Materials:**

- Discussion Questions
- List of Measures in the Bundle and Which DSRIP providers have those measures
- List of activities providers are implementing to achieve their measures (not all inclusive)

- **Note Taker:** Record thoughts and comments on post it paper:

- Identify the measure(s) discussed
- Key notes
- Questions
- Unique Ideas

- **Introductions (very quick):** Name, Organization, Your Role, Overall approach to achieving measure selected (in two sentences or less)

**RHP 9, 10, & 18 Behavioral Health Measures Discussions-CMHC**

<b>Measure ID</b>	<b>Behavioral Health Measure Name</b>	<b>Providers</b>
M1-100	Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET)	MHMR of Tarrant County
M1-103	Controlling High Blood Pressure	Lakes Regional MHMR Center Metrocare Services Texoma Community Center
M1-105	Preventive Care & Screening: Tobacco Use: Screening & Cessation Intervention	LifePath Systems Denton County MHMR Center Lakes Regional MHMR Center Metrocare Services MHMR of Tarrant County Pecan Valley Centers Texoma Community Center
M1-115	Comprehensive Diabetes Care: Hemoglobin A1c (HbA1c) Poor Control (>9.0%)	Metrocare Services
M1-124	Medication Reconciliation Post-Discharge	LifePath Systems
M1-125	Antidepressant Medication Management (AMM-AD)	Metrocare Services
M1-146	Screening for Clinical Depression and Follow-Up Plan (CDF-AD)	Denton County MHMR Center Lakes Regional MHMR Center Metrocare Services MHMR of Tarrant County Pecan Valley Centers
M1-147	Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up	LifePath Systems Denton County MHMR Center Lakes Regional MHMR Center Metrocare Services MHMR of Tarrant County Pecan Valley Centers Texoma Community Center
M1-160	Follow-Up After Hospitalization for Mental Illness	LifePath Systems Denton County MHMR Center

Measure ID	Behavioral Health Measure Name	Providers
		Lakes Regional MHMR Center Pecan Valley Centers Texoma Community Center
M1-165	Depression Remission at Twelve Months	MHMR of Tarrant County
M1-180	Adherence to Antipsychotics for Individuals with Schizophrenia (SAA-AD)	Denton County MHMR Center Metrocare Services
M1-182	Diabetes Screening for People With Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD-AD)	Metrocare Services
M1-207	Diabetes care: BP control (<140/90mm Hg)	Metrocare Services
M1-210	Preventive Care and Screening: Screening for High Blood Pressure and Follow-Up Documented	Metrocare Services
M1-211	Weight Assessment and Counseling for Nutrition and Physical Activity for Children/ Adolescents	Denton County MHMR Center Metrocare Services MHMR of Tarrant County
M1-255	Follow-up Care for Children Prescribed ADHD Medication (ADD)	Metrocare Services MHMR of Tarrant County
M1-257	Care Planning for Dual Diagnosis	Lakes Regional MHMR Center MHMR of Tarrant County Pecan Valley Centers
M1-259	Assignment of Primary Care Physician to Individuals with Schizophrenia	LifePath Systems Metrocare Services Pecan Valley Centers
M1-261	Assessment for Substance Abuse Problems of Psychiatric Patients	Lakes Regional MHMR Center Metrocare Services MHMR of Tarrant County Pecan Valley Centers
M1-262	Assessment of Risk to Self/ Others	LifePath Systems Lakes Regional MHMR Center MHMR of Tarrant County
M1-263	Assessment for Psychosocial Issues of Psychiatric Patients	LifePath Systems Lakes Regional MHMR Center

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		MHMR of Tarrant County Pecan Valley Centers
M1-264	Vocational Rehabilitation for Schizophrenia	MHMR of Tarrant County
M1-265	Housing Assessment for Individuals with Schizophrenia	LifePath Systems Lakes Regional MHMR Center MHMR of Tarrant County
M1-266	Independent Living Skills Assessment for Individuals with Schizophrenia	LifePath Systems Lakes Regional MHMR Center MHMR of Tarrant County Pecan Valley Centers
M1-287	Documentation of Current Medications in the Medical Record	Pecan Valley Centers
M1-305	Child and Adolescent Major Depressive Disorder (MDD): Suicide Risk Assessment (SRA-CH)	LifePath Systems MHMR of Tarrant County
M1-317	Preventive Care and Screening: Unhealthy Alcohol Use: Screening & Brief Counseling	LifePath Systems Denton County MHMR Center Lakes Regional MHMR Center Metrocare Services MHMR of Tarrant County Pecan Valley Centers Texoma Community Center
M1-319	Adult Major Depressive Disorder (MDD): Suicide Risk Assessment (eMeasure)	LifePath Systems Denton County MHMR Center Lakes Regional MHMR Center Metrocare Services MHMR of Tarrant County Pecan Valley Centers
M1-340	Substance use disorders: Percentage of patients aged 18 years and older with a diagnosis of current opioid addiction who were counseled regarding psychosocial AND pharmacologic treatment options for opioid addiction within the 12 month reporting period	MHMR of Tarrant County
M1-341	Substance use disorders: Percentage of patients aged 18 years and older with a diagnosis of current alcohol dependence who were counseled regarding psychosocial AND	MHMR of Tarrant County

Measure ID	Behavioral Health Measure Name	Providers
	pharmacologic treatment options for alcohol dependence within the 12 month reporting period	
M1-342	Time to Initial Evaluation: Evaluation within 10 Business Days	LifePath Systems MHMR of Tarrant County Pecan Valley Centers
M1-385	Assessment of Functional Status or QoL (Modified from NQF# 0260/2624)	LifePath Systems Lakes Regional MHMR Center Metrocare Services
M1-386	Improvement in Functional Status or QoL (Modified from PQRS #435)	LifePath Systems Lakes Regional MHMR Center Metrocare Services
M1-390	Time to Initial Evaluation: Mean Days to Evaluation	LifePath Systems Denton County MHMR Center Metrocare Services MHMR of Tarrant County
M1-400	Tobacco Use and Help with Quitting Among Adolescents	LifePath Systems Metrocare Services
M1-405	Bipolar Disorder and Major Depression: Appraisal for alcohol or chemical substance use	Metrocare Services MHMR of Tarrant County
L1-160	Follow-Up After Hospitalization for Mental Illness	Dallas County
L1-241	Decrease in mental health admissions and readmissions to criminal justice settings such as jails or prisons	Dallas County

**RHP 9, 10, & 18 Activities Providers are Implementing to Achieve Behavioral Health Measures- CMHC**

Common Themes	Activity	Provider
Provision of Care Aligned with Certified Community Behavioral Health (CCBHC) Model	Aligning our provision of care with that of the CCBHC model	Denton County MHMR Center
	Alignment of CCBHC means the agency will increase services that impact utilization, quality, and outcomes thereby reducing emergency room utilization and jail costs while increasing the life expectancy of individuals served.	Metrocare Services

Common Themes	Activity	Provider
	<p>Development of an integrated service delivery framework, provide additional screenings in clinics to assess physical and mental health needs, suicide risk, substance use, and social determinants of health and provide timely access to services</p> <p>Further define and implement protocols and services that are consistent with the CCBHC model</p>	<p>MHMR of Tarrant County</p> <p>MHMR SVCS of Texoma</p>
Utilization of telehealth/telemedicine in delivering behavioral services	<p>Increase telemedicine and telehealth services to provide consultations and increase capacity</p> <p>Expanding tele-therapy program through collaboration with multi-disciplinary departments (such as primary care, psychiatry, tele-medicine, etc.)</p> <p>Primary care providers using behavioral health telehealth for consults.</p>	<p>Lakes Regional MHMR Center</p> <p>UT Southwestern Medical Center at Dallas</p> <p>JPS Health Network</p>
Care Management function that integrates primary and behavioral health needs of individuals	<p>Operate an integrated clinic that has primary and behavioral health care together.</p> <p>Use of Behavioral Health Case Managers at each site in each practice.</p> <p>Care Management Processes</p> <p>Education of practitioners (behavioral and physical) on treatment options for patients with substance abuse</p> <p>Implement alcohol screenings for patients with MDD and bipolar to identify patients high risk of substance abuse</p> <p>Continue to integrate behavioral health services in the primary care setting. Behavioral health services to include depression screening for patients ages 11 years through 18 years, autism screening for ages 18 months through 30 months, ADHD management for patients ages 6 years through 18 years, as well as access to psychology services.</p>	<p>Denton County MHMR Center</p> <p>Children’s Medical Center of Dallas</p> <p>JPS Health Network</p> <p>Medical City Dallas</p> <p>Medical City Dallas</p> <p>Children's Medical Center of Dallas</p>

Common Themes	Activity	Provider
Provision of services to individuals that address social determinants of health and/or family support services.	Implementing processes to assess psychosocial issues, quality of housing, independent living skills, and employment needs.	MHMR of Tarrant County
Other - Provide appropriate behavioral services to individuals to reduce ED usage	Operate a 24 hour psychiatric triage facility that will allow individuals in crisis to walk-in and receive appropriate psychiatric assessment.	Denton County MHMR Center
Other - Integration of mental health and substance use services	Concurrent or near concurrent assessments of both mental health and substance abuse disorders and using the results of those assessments to establish treatment goals and objectives are necessary. Follow-up with integrated services directly provide treatment or are appropriately referred to the community for those services needed to address both the mental health and substance use needs of the individual.	Pecan Valley MHMR Region dba Pecan Valley Centers
Behavioral Health Crisis Stabilization Services	<p>Continue to utilize our screening and triage system that allows for real-time identification of individuals booking into the Dallas County Jail with a mental health flag. Focus efforts to enhance its face-to-face assessment process to include increased identification and brief interventions to address social determinants of health.</p> <p>Continuation of our crisis residential unit which is built on psychosocial rehabilitation and group skills training on a variety of topics to decrease the likelihood of a client experiencing a crisis in the future</p> <p>Crisis Respite is 12-bed facility for adults suffering a behavioral health crisis. It is staffed 24 hours a day with a 6:1 client to staff ratio.</p>	<p>Dallas County</p> <p>Denton County MHMR Center</p> <p>Pecan Valley MHMR Region dba Pecan Valley Centers</p>