Mobile Cancer Survivorship Care
EDUCATING A POPULATION ON THE GO...
Moncrief Cancer Institute

- Affiliated with UT Southwestern Medical Center & the Harold C. Simmons Cancer Center
- Providing community education, prevention/early detection, and survivorship services to the medically underserved
Improving Surveillance, Screening & Quality of Life in Rural Communities

- Evidence-based, multidisciplinary services

- Oncology Certified Nurse
  - Evaluate Health Status, Function, Medications
  - Completes Journey Forward® Treatment Summary & Care Plan

- Social Worker
  - Assess Emotional Issues, Financial Needs, Family History

- ProComS

- Clinical Psychologist
  - Psychobehavioral Concerns & Coping
  - Tobacco Cessation program

- Exercise Specialist
  - Assess Pain, Injuries, Range of Motion
  - Strength, Mobility, Flexibility, Balance

- Dietitian
  - Nutritional Assessment
  - Customized diet plans
  - Group Classes: Navigating Nutrition, Cooking Cancer Free

- Genetic Counselor
  - Assess Genetic Risk using Personal & Family History

- Post-treatment cancer screening, surveillance and navigation
Mobile Survivorship Clinic
Outpatient Care Transitions

% receiving health education materials specific to the patient’s medical condition
Before the appointment

- Key data elements are collected about each potential patient
  - Enrollment
    - Date of Birth (Age)
    - Language preference
    - Gender, Cancer Diagnosis
  - Scheduling
    - Health: medications, immunizations, screenings, issues/changes, etc.
    - Physical: fatigue, pain, balance/mobility, etc.
    - Social: family, fertility, genetics, insurance, finances, etc.
    - Emotional: stress/anxiety, fear of recurrence, sleep disturbances, etc.
    - Other: long-term effects, PCP/medical system engagement, alternative therapies, etc.
During the appointment

- Physical and psychosocial needs assessments with oncology certified Nurse and Social Worker
  - Review health data across domains
  - Prioritize patient goals
  - Review primary care needs
    - Screening, vaccination, etc.
  - Navigate to appropriate disciplines as appropriate
    - Exercise, nutrition, psychology, genetics, etc.
  - Identify community resources and opportunities
  - Provide customized, evidence-based educational materials
  - Confirm follow-up plan
Educational Materials

Can Prevent Action Planner

Start Where You Are

Caring for the Caregiver

Facing Forward

Life After Cancer Treatment
After the appointment

- Patients are encouraged to:
  - Follow-up with care team
    - Fear of recurrence, weight management, sleep issues, etc.
  - Participate in group educational opportunities
    - Eat, Live, Explore
    - Group Exercise
      - Yoga
      - Zumba
    - The Art of Caregiving
Questions?